

MANIPULATIVE MATERIALS THAT PROMOTE PERCEPTUAL MOTOR AND FINE MOTOR SKILLS SIMULTANEOUSLY

Fine motor skills are closely related to perceptual motor skills. Both are important in learning self-help/care skills, and in learning to use tools. Practice is embedded in activities such as:

- Wooden beads and string with metal or plastic tips
- Puzzle and parquetry blocks
- Picture dominoes and lotto games
- Nesting and stacking cups, Kitty-in-the Keg, form boxes
- Pegs and peg boards, hammer-and-nail sets
- Montessori graduated cylinders and colour boards (can be ordered through the Internet)

Additional Materials:

Additional materials that enable practice of fine motor skills include:

- Water play – pouring, squeezing, measuring
- Block-building – stacking, bridging, balancing, putting away
- Art activities – painting, hammering, woodworking, clay modelling, crayoning, and so forth.
- Housekeeping – dressing dolls, pouring “tea”, stirring “soup”, and setting the table

1 This information has been researched by staff of RFECY and is adapted from Allen, K. Eileen, et al. *Inclusion in Early Childhood Programs: Children With Exceptionalities*. 3rd ed. Scarborough: Nelson, 2002.

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